

### ***Abstract***

A brace mounts externally of a person's torso to support the back. The brace includes a support piece that has an elongated central portion and a plurality of pairs of oppositely projecting lobe portions that extend laterally of a central portion. The lobe portions are formed of a stiff yet bendable material. A support band encircles the torso and has fasteners on its ends to releasably secure the support piece alongside the back. The support band is formed of a flexible material. The support piece can be a unitary one-piece construction with the lobe portions formed by notches. Alternatively, the lobe portions may be formed by strips of stiff yet bendable material extending transversely of the central portion. The lobe portions may be received in flexible sleeves, and the support band may include a flexible pouch to receive the support piece.